

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sausages with optional Onion Gravy	Creamy Chicken Curry	Roast Beef and Yorkshire Pudding	Chicken Deli Wrap	Oven Baked Battered Fish Goujons
Creamed Potatoes	Rice	Roast Potatoes or Wholemeal Pasta Choice	Potato Wedges	Low Fat Chips or Pasta Choice
Quorn Stir Fry with Noodles (V)	Cheese Slice (V)	Vege Toad in the Hole (V)	Jacket Potato with Baked Beans (V)	Cheese and Tomato Pizza (V)
	Diced potatoes	Roast Potatoes or Wholemeal Pasta Choice		Low Fat Chips or Pasta Choice
Peach Sponge with Ice Cream	Fresh Fruit with Mini Chocolate Brownie	Lemon Biscuit with Fruit Juice	Fruit Salad with Mini Shortbread Finger	Creamy Vanilla Rice with Fruit Coulis
Chicken Baguette	Ham Roll	Cheese Roll	Tuna Roll	Egg Baguette
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Shepherd's Pie	Pork Grill	Roast Chicken with Sage and Onion Stuffing	Pasta Bolognese	Salmon Fish Fingers
	Potato Wedges	Roast Potatoes or Pasta Choice		Low Fat Chips or Pasta Choice
Quorn Nuggets (V)	Macaroni Cheese (V)	Spanish Omelette (V)	Vegetarian Roll (V)	Cheese and Tomato Pizza (V)
Diced Potatoes	Wholemeal Garlic Bread	Roast Potatoes or Pasta Choice	Potato Wedges	Low Fat Chips or Pasta Choice
Fruit Crumble and Custard	Fresh Fruit with Mini Oat Cookie	Ice Cream Sandwich	Fruit Cheesecake	Chocolate and Beetroot Muffin
Cheese Roll	Chicken Baguette	Tuna Baguette	Ham Roll	Egg Roll
WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Beef Burger in a Bun	BBQ Chicken	Roast Pork with Apple Sauce	Traditional Chicken Pie	Oven Baked Fish Fingers
Potato Wedges	Rice	Roast Potatoes or Wholemeal Pasta Choice	Diced Potatoes	Low Fat Chips or Pasta Choice
Vegetarian Lasagne (V)	Jacket Potato with Cheese (V)	Roast Quorn Fillet (V)	Vegetarian Hot Dog (V)	Cheese and Tomato Pizza (V)
Side Salad		Roast Potatoes or Wholemeal Pasta Choice	Diced Potatoes	Low Fat Chips or Pasta Choice
Chocolate Shortbread with Chocolate Sauce	Fresh Fruit with Mini Sultana Cookie	Lemon Citrus Sponge with Custard	Fruit Pancake with Ice Cream	Golden Krispie with Milkshake
Ham Roll	Tuna Roll	Chicken Roll	Cheese Baguette	Egg Baguette