

Key Stage 2 – PE coverage 2020/2021

Autumn

Sports in red = Herts School Competitions

	1		2	
Year 3	Gymnastics	Netball	Health and fitness	Rapid fire Cricket
Year 4	Golf	Dodgeball (Normally Dance)	Netball	Gymnastics
Year 5	Netball	Gymnastics	Football	Volleyball
Year 6	Gymnastics	Basketball	Volleyball	Football

Spring

	1		2	
Year 3	Orienteering	Dance	Dodgeball	Football
Year 4	Athletics	Dance	Football	Rounders
Year 5	Basketball	Dance	Tag Rugby	Rounders
Year 6	Athletics	Dance	Hockey	Tag rugby

Summer

	1		2	
Year 3	Softball	Athletics	Tennis	Sports day prep
Year 4	Swimming	Tennis	Swimming	Sports day prep
Year 5	Swimming	Handball	Swimming	Sports day prep
Year 6	Cricket	Ultimate Frisbee	Handball	Sports day prep

Family Competitions

<u>Year 3</u>	<u>Year 4</u>	<u>Year 5</u>	<u>Year 6</u>
Rapid fire cricket (November)	Tri-golf (October)	Fun run (November)	Basketball (November)
Dodgeball (April)	Dance Festival (November)	Tag Rugby (March)	Indoor Athletics (March)
Athletics (June)	Indoor athletics (February)	Handball (June)	Quick sticks hockey (March)
	Football tournament –Girls & Boys (April)		Kwik Cricket (May)
	Tennis skills challenge (June)		Handball (June)
Key Steps Gymnastics (February)			

Key Stage 1 – PE coverage 2020/2021

Autumn

	1		2	
Year 1	Dance	Real PE 1	Gymnastics	Real PE 2
Year 2	Real PE 1	Dance	Real PE 2	Gymnastics

Spring

	1		2	
Year 1	Real PE 3	Dance	Gymnastics	Real PE 4
Year 2	Real PE 3	Dance	Real PE 4	Gymnastics

Summer

	1		2	
Year 1	Team Games	Real PE 5	Real PE 6	Sports day Prep
Year 2	Indoor Athletics (May)	Team Games	Real PE 5/6	Sports day prep

EYFS – PE coverage 2020/2021

National Curriculum regarding PE in EYFS: Physical development involves providing opportunities for young children to be active and interactive; and to develop their co-ordination, control, and movement. Children must also be helped to understand the importance of physical activity, and to make healthy choices in relation to food.

Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing.

Reception

Reception currently have two 1.5-hour hall slots per week.

Monday morning's session will be split into three 30-minute slots to allow children more opportunity to utilise the space and the equipment. The groups should be around 15 children based on current data for next year. The morning will be seen as a carousel of 3 different activities.

The **Wednesday afternoon** session will be taken by class teachers who will adapt their planning to incorporate PE activities that suit the theme of that week using the hall slot.

Autumn 1: Dance/Theme activities

Autumn 2: Gymnastics/ Theme activities

Spring 1: Dance/ Theme activities

Spring 2: Gymnastics/ Theme activities

Summer 1: Team Games/ Theme activities

Summer 2: Sports day prep/ Theme activities

Nursery

Nursery currently have a one-hour hall slot per week that will be split into two 25-minute sessions. Half the class will remain in class and the other will be in the hall.

We will be working over a two-week period, one week will be games and activities centred around the theme for that week (Themes tend to last over 2 weeks in Nursery) and the next would be giving them the chance to explore using the variety of equipment available.